

Lunch Menu

In addition to the published menu we are also pleased to provide a full extensive salad bar each day. Jacket potatoes, homemade quiche, and fresh fruit are also available every day and all fresh food is locally sourced wherever possible.

Week One

Day	Main Course	Pudding
Monday	*Spaghetti Bolognese Garlic Bread ~~~~~	*Rhubarb Crumble and Custard ~~~~~
	*Quorn Bolognese (V) *Roast Lamb Roast Potatoes Savoy Cabbage Carrots Gravy ~~~~~	Selection of Yoghurts ~~~~~ Assorted Fresh Fruit *Chocolate Mousse ~~~~~
Tuesday	Red Onion and Gruyere Tart (V) Chicken Pie Mashed Potato Broccoli ~~~~~	Selection of Yoghurts ~~~~~ Assorted Fresh Fruit
Wednesday	Vegetarian Pie (V) *Pork Bake Carrots Green Beans ~~~~~	*Rice Pudding ~~~~~ Selection of Yoghurts ~~~~~ Assorted Fresh Fruit
	*Roasted Vegetable Bake (V) *Chicken Goujons French Fries Baked Beans ~~~~~	*Shortbread and Strawberry Sauce ~~~~~ Selection of Yoghurts ~~~~~ Assorted Fresh Fruit
Thursday	Vegetable Nuggets (V)	Pineapple Pieces and Cream ~~~~~ Selection of Yoghurts ~~~~~ Assorted Fresh Fruit
Friday		

(v) Vegetarian option

* This symbol denotes that the dish has been fully home produced from within the kitchen. Please note that in addition to the published menu we are also pleased to provide a full extensive salad bar, jacket potatoes and homemade quiche.

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Week Two

Day	Main Course	Pudding
Monday	Meatballs	*Marble Sponge and Chocolate Sauce
	Tomato and Basil Sauce	~~~~~
	Noodles	Selection of Yoghurts
	Green Beans	~~~~~
	Quorn Balls (V)	Assorted Fresh Fruit
Tuesday	*Roast Beef	*Strawberry Cheese Cake
	Yorkshire Puddings	~~~~~
	Roast Potatoes	Selection of Yoghurts
	Carrots	~~~~~
	Parsnips	Assorted Fresh Fruit
Wednesday	Gravy	
	*Cheese and Onion Pie (V)	*Apple Pie and Custard
	*Butter Chicken Curry	~~~~~
	Rice	Selection of Yoghurts
	Poppadum	~~~~~
Thursday	Vegetable Curry (V)	Assorted Fresh Fruit
		Cheese and Biscuits
	Cottage Pie Broccoli	~~~~~
		Selection of Yoghurts
	Cheese and Broccoli Bake (V)	~~~~~
Friday		Assorted Fresh Fruit
	Battered Fish Chips	Sliced Pears and Chantilly Cream
	Garden Peas	~~~~~
		Selection of Yoghurts
	Chick Pea and Sweet Potato Lasagne (V)	~~~~~
	Assorted Fresh Fruit	

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Week Three

Day	Main Course	Pudding
Monday	Butchers Sausages	*Chocolate Sponge and Chocolate Sauce
	Potato Wedges	~~~~~
	Baked Beans	Selection of Yoghurts
	~~~~~	~~~~~
Tuesday	Vegetarian Sausages (V)	Assorted Fresh Fruit
	*Roast Pork	*Strawberry Jelly
	Stuffing	And Cream
	Roast Potatoes	~~~~~
	Carrots	Selection of Yoghurts
	Garden Peas	~~~~~
Wednesday	* Homity Pie (V)	Assorted Fresh Fruit
	*Chicken Fajitas	*Apple Crumble and Custard
	Rice salad	~~~~~
	Carrot, Cucumber and Sweetcorn	Selection of Yoghurts
	~~~~~	~~~~~
Thursday	* Halloumi Fajitas (V)	Assorted Fresh Fruit
	*Beef Casserole	Pancakes
	Dumplings	Lemon and Sugar
	Mashed Potato	~~~~~
	Broccoli	Selection of Yoghurts
	~~~~~	~~~~~
	* Vegetarian Casserole (V)	Assorted Fresh Fruit
Friday	*Margarita or Pepperoni Pizza	Peach Slices and Cream
	Chips	~~~~~
	Spaghetti Hoops	Selection of Yoghurts
	~~~~~	~~~~~
	*Margarita Pizza (V)	Assorted Fresh Fruit

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